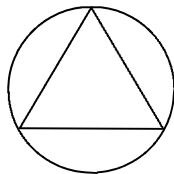


# MOUNTAIN DOIN'S

Central Office Newsletter

## JULY 2009



Published by the North Carolina Mountain Central Office (Districts 70, 71, & 80)  
NCMCO 206 Park Place Offices, 70 Woodfin Place Asheville, NC 28801  
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[www.ashevilleaa.org](http://www.ashevilleaa.org) [www.district71inc.org](http://www.district71inc.org) [www.aawnc80.org](http://www.aawnc80.org)  
OFFICE HOURS: 10:00AM—1:00PM, Monday thru Friday (closed major holidays)

\$\$\$ HELP YOUR CENTRAL OFFICE SAVE MONEY ON POSTAGE \$\$\$

If you'd like to receive the *Mountain Doin's* and *Where & When* by email in PDF format, please send your e-mail address to [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net). Thanks!

### AREA BIZ MEETINGS

#### District 70 Business Meeting

2nd Sunday, July 12 2:30pm  
Eating meeting first, bring dish to share  
St. Luke's Church  
219 Chunns Cove Rd

#### District 71 Business Meeting

Sat. July 11 Meeting 2pm  
Potluck 4pm  
Speaker 5pm  
Columbus Presbyterian Church  
1 Penial St, Columbus, NC

#### District 80 Business Meeting

Sunday July 12 1:30-4:30pm  
Jackson County Family Resource Ctr  
Rte 116 in Webster, NC

### 62nd NC State Convention

July 16-19

Hilton N. Raleigh Hotel  
Raleigh, NC

Hotel reservations: (919) 872-2323  
Convention code: AAS  
[www.NorthRaleigh.Hilton.com](http://www.NorthRaleigh.Hilton.com)

**For Convention Info &  
Registration Form contact:  
Joanne L (704) 694-3844 or  
Tom K. (919) 286-6717  
[www.ncconference@nc.rr.com](mailto:www.ncconference@nc.rr.com)**

The **Mountain Doin's** is *your* newsletter. Contributions of articles, jokes, poems, and any other material or suggestions are most welcome. Please be sure to provide us with any events your group or district is having so we can inform all about it. Also, remember to send in your group members' anniversaries including the date. (Note--we don't keep them from year to year.) **The deadline for submissions is the first of the month prior to the issue month.** For example, the cutoff for the June issue is May 1st. If you have flyers for your event please submit an electronic version in MS Word, Adobe Illustrator, PageMaker, or Acrobat PDF, or call Central Office if you're not sure how to send us your flyer. You can email Central Office at: [ncmco@bellsouth.net](mailto:ncmco@bellsouth.net). Please contact our Office Manager, at: **828-254-0454** or **800-524-0465**.

**Mountain Doin's** is published monthly as an informational service to all A.A. members in western North Carolina Districts 70, 71, and 80. Opinions expressed herein are not to be attributed to A.A. nor does publication of any feature imply endorsement by A.A. or the N.C. Mountain Central Office. Material reprinted from A.A. World Services Incorporated, or from *The Grapevine* is published with permission.

# NCMCO Board of Directors NEEDS YOUR HELP!!!

## NCMCO Board Secretary *still* Needed

Can you type? Are you comfortable using a computer and know how to send emails? Do you know how to use a copy machine? Then Central Office Board of Directors needs your help!

The Secretary takes minutes for COR and board meetings and then sends them to each of the groups in Western North Carolina. You will be a voting member of our Board of Directors.

Please help us to get important information out to all of our groups!

**If you'd like to volunteer for this position,  
please call the Central Office: 828-254-8539**



### Central Office Phone Log *May 2009*

A.A. Crisis: 2

General Information: 11

Family Help: 3

Meeting Information: 38

Central Office Business: 32

Referrals for Medical Help, Detox,  
Hospital, Etc.: 2

Visitors: 64

A request from a tele-service volunteer: If anyone has any information on low-cost or free emergency animal boarding for people in crisis please call the Central Office.

### Central Office Profit and Loss *May 2009*

#### Income

Group Contributions	\$1,795.70
Sales Income	\$2,853.03
Other Income	\$3.76

**Gross Income: \$4,652.49**

#### Expenses

Total cost of bought goods	\$2,064.70
Copier Lease	\$149.30
Telephone	\$127.80
Rent:	\$435.00
Payroll	\$710.77
Postage	\$227.14
Office Supplies	\$60.84
Freight	\$59.32
Consultant fees	\$200.00
Sales Tax	\$148.26
NC Taxes	\$205.83
Miscellaneous	\$4.70

**Total Expenses: \$4,650.46**

**Net Income: \$2.03**

Prudent Reserves	\$4,086.00
Operating Capital	\$2,819.30
Total	\$6,906.02

# Group Donations



Group	May	YTD	Group	May	YTD
Acceptance Group	630.21	\$630.31	Log Cabin		
Against All Odds			Lunch Bunch-Sylva		
Andrews			Maggie Valley		
Ash. Big Book Step Study		\$78.33	Maple Grzove		
AWOL		\$10.00	Marion AA		
Back to Basics		\$150.00	Mars Hill		\$150.00
Bethel Up the River			Marshall		\$50.00
Big Town		\$91.24	Men's Attitude Adjust.		
Black Mtn. Group		\$85.00	Mid-Day		\$347.35
Blue Ridge		\$45.00	Mill Spring	\$25.00	\$45.00
Brevard Serenity		\$150.00	Mission of Sylva	\$50.00	\$50.00
Brevard Sylvan Valley			Monday Night Open		\$112.94
Bryson City			Mountain View		\$180.00
Burnsville		\$50.00	Mountainside		
Candler KISS		\$150.00	Murphy Big Book	\$10.00	\$30.00
Cashiers Valley		\$201.40	New Day		
Chunn's Cove Men's		\$175.00	New Hope		
Clyde			No Name		
Columbus		\$25.00	No Nonsense		
Common Sense Group	\$34.38	\$89.24	No Place Like Home		
Conscious Contact Ash.	\$225.00	\$949.77	Nuevos Amigos		
Conscious Contact Saph.			Nuevos Despertar		
Cullowhee Valley			Old Fort		
Cumberland		\$50.00	Pathfinders		
Daily Decisions		\$335.39	Pisgah		
Day by Day		\$552.08	Plan B		\$150.00
District 71 CFC	\$100.00	\$100.00	Practicing Principles		\$75.00
Dry Dock			Principles		\$4.47
Early Bird		\$407.70	Recovery By The River		\$65.65
Edneyville		\$20.00	Renacimiento		
11-11-11			Roundtable		
Fellowship	\$125.40	\$312.90	Safe & Sound		
Fireside			Second Chance		
Fletcher		\$1.73	Serenity- Waynesville		
Fourth Dimension		\$40.00	Serenity Seekers- Marion		\$40.00
Franklin			Serenity Service	\$50.00	\$250.00
Friday Women's			Sisters in Sobriety		
Good Livers		\$100.00	Six O'Clock Open Group		\$133.07
Grace Grp Asheville		\$400.00	Speed Bump		\$100.00
Grace Grp Waynesville			Spruce Pine		\$50.00
Grace of God		\$20.00	Steppin' Up		
Hand in Hand		\$200.00	Sunshine	\$50.00	\$50.00
Happy Hour		\$150.00	Sylva		
Hayesville			Three Alarm		\$60.00
Hayes. Lunch Bunch			Thurs. Afternoon Women's		
Hendersonville		\$20.00	Total Surrender		
High Noon			Traditional		
Hilltop			Tryon Thurs.		
Hot Springs			Tryon Tues.		
Joy of Living	\$50.00	\$94.97	Tuesday Night Men's BB		\$31.14
Kanuga		\$67.50	Upward		
Lambda		\$150.00	West Asheville		\$100.00
Ledger			Women of Courage		\$278.00
Leicester	\$25.00	\$50.00	Women of Grace		
Library		\$35.00	Young People's Group		\$130.34
Locked in Forward		\$40.00			

# 4th Step Workshop

Saturday, July 11

10am-2pm

Emma United  
Methodist Church  
59 Adams Hill Road  
West Asheville

9 Speakers

Outdoor Eating Meeting

Sponsored by the  
Asheville Big Book Step Study Group

## MORE UPCOMING EVENTS...

**12th Step Call Play** Put on by District 71  
Opening August 1, 2009  
Mt. Pisgah Lutheran Church  
Hendersonville, NC

We are not a glum lot....

### Attention! Are You:

- Tired of being told like it is?
- Still looking for that easier softer way?
- Had enough of that same, old time-tested direction?

Then You Are Ready For RENT-A-SPONSOR!

- NO READING ! NO WRITING!
- NO DEADLINES!
- MANY MODELS FROM WHICH TO CHOOSE!

### STANDARD FEATURES INCLUDE:

- Listening to your sniveling without constant reference to the steps.
- Co-signing your excuses and rationalizations.
- Working with only the steps you want and in the order you choose.

Yes, at RENT-A-SPONSOR we know how unique you are, and we do understand!

- Learn the secret of giving it away before you even have it.
- Why walk the walk when you can just talk the talk?
- Remember it's better to look good than to feel good!
- Why save your rear at the cost of losing face?
- Half measures are our specialty!

Call 1-900-POUR-ME-1

CALL NOW AND RECEIVE A FREE COPY OF:  
"STAYING SOBER ON WAR STORIES ALONE"

*Submitted by Tony E.*

## MEETING CHANGES

**Asheville:** Correction Total Surrender Group Sun. 7pm; New Hope Pres. Ch, address is 3070 Sweeten Creek Rd.

**Asheville:** New Womens Big Book Step Study Group Mon 7:00 pm, Foster 7th Day Adventist Ch, 375 Hendersonville Rd, (WOBBSS)

**Black Mountain:** Not meeting Pathfinders Group Saturday 10:00 am

**Hendersonville:** Correction Plan B Group, Tues. 5:30p, should be (C,BB)

# July Birthdays

## Asheville Big Book Step Study

Carrington R. 7/8/08 1 year

## Acceptance Group

Ron G. 7/15/97 12 years

Jackie K. 7/15/99 10 years

Pam C. 7/16/83 26 years

Curry J. 7/19/79 30 years

Ken A. 7/20/02 7 years

Dee A. 7/29/03 6 years

## Brevard/Sylvan Valley Group

Kevin T. 7/4/01 8 years

Alan N. 7/15/87 22 years

Grant P. 7/15/86 23 years

Peggy P 7/26/90 19 years

## Conscious Contact Group

Maria W. 7/01/97 12 years

Susan L. 7/05/03 6 years

Anna L. 7/16/93 16 years

Lynette 7/16/08 1 year

Sally S. 7/19/03 6 years

Jan C. 7/23/86 23 years

## Cumberland Group

John S. 7/4/07 2 years

David T. 7/21/93 6 years

## Fletcher Group

Dave T. 7/11/90 19 years

Kathy S. 7/16/08 1 year

## Grace Group

Paul J. 7/2/08 1 year

Judy M. 7/3/94 15 years

Alan B. 7/5/06 3 years

Anne R. 7/8/07 2 years

Edgar B. 7/8/07 2 years

Edward M 7/9/07 2 years

Carol W. 7/12/07 2 years

Fran S. 7/12/05 4 years

Joe S. 7/13/06 3 years

Jim D. 7/14/08 1 year

Stan W. 7/19/06 3 years

Linda M. 7/24/06 3 years

Olga R. 7/27/08 1 year

Carla W. 7/28/07 2 years

Maxine J. 7/31/07 2 years

## Hendersonville Group

Shawn P. 7/2/06 3 years

John P. 7/12/87 22 years

Tom L. 7/23/84 25 years

## Mid Day Group in Hendersonville

Valerie 7/12/04 5 years

Cathy P. 7/27/05 4 years

## Traditional Group

Mary McQ. 7/04/06 3 years

Mitchel A. 7/05/93 16 years

Tony S. 7/10/08 1 year

Chris S. 7/10/08 1 year

Luanne V. 7/12/06 3 years

Tony P. 7/15/87 22 years

Trey B. 7/16/07 2 years

Nathalie M. 7/23/03 6 years

Dakota G. 7/23/07 2 years

Garrick McQ. 7/25/02 7 years

Monica G. 7/26/99 10 years

Stanley H. 7/27/00 9 years

## Serenity Service

Marge B. 7/5/02 7 years

Loretta C. 7/7/94 15 years

David M. 7/8/98 11 years



Please send us your birthday announcements one month prior to the anniversary date. The deadline for July Birthdays is June 1. We don't keep them from year to year so you must send them in for each year. Email to [NCMCO@bellsouth.net](mailto:NCMCO@bellsouth.net)

**Did you know?...**

**AA Is  
Now 74**

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